# PURE ESSENTIAL OILS







# AROMA OILS

# Do you know what is AromaTherapy?

Aromatherapy is a holistic healing treatment that uses natural plant extracts to promote health and well-being. Sometimes it's called essential oil therapy. Aromatherapy uses aromatic essential oils medicinally to improve the health of the body, mind, and spirit. It enhances both physical and emotional health.

BEFORE SEEKING A GREAT DRUG, SEEK EVEN A GREATER





1. ANISE (ANISEED) OIL PURE ESSENTIAL OIL

Scientific Name: Pimpinella Anisum

Common Indian Name: Karanja (Saunf)

Anise Pure Essential Oil has a distinctive licorice like rich smell. It is euphoric and cheering. When vaporized it is great for energizing a fatigued mind. Should be avoided during pregnancy. It is extracted from the fruits of the plant through the process of steam distillation. This plant is used in traditional aromatherapy methods due to its sweet and spicy aroma.

Usage – Anise Oil helps breathing, relieves pain, provokes urine, and eases thirst. The fragrance is used in food, soap, creams, and perfumes. It is often added to licorice candy or used as a "licorice" flavour substitute. It has anti-fungal, antibacterial and anti-inflammatory properties and may fight stomach ulcers, keep blood sugar levels in check and reduce symptoms of depression and menopause. Mostly used in Aroma Therapy, Bath, Massage, External Application.



#### 2. APRICOT PURE ESSENTIAL OIL

SCIENTIFIC NAME: Prunus Armeniaca

**COMMON INDIAN NAME: Jardalu** or Khubani

Apricot Essential Oil is mainly a carrier oil. It comes from comes from the aromatic and supple apricot fruit. It is very rich in minerals and vitamins. It has a light texture and is excellent for massage especially for the face. It is easily absorbed by the skin and is non greasy.

Usage - Apricot oil helps to improve skin tone, maintain softness and radiance of the skin. It also provides deep nourishment and strengthens skin. Apricot Oil reduces excess dryness of scalp and promotes hair growth and strength. It maintains healthy hair and prevent hair fall. Application of Apricot oil on hair strands can work as a natural conditioner. It has anti-ageing properties which provides nutrition to skin. It often used for making scrubs. It also makes smooth and shiny nails.







# 3. BASIL PURE ESSENTIAL OIL

SCIENTIFIC NAME: Ocimum Basilicum

**COMMON INDIAN NAME: Tulsi** 

Basil Essential Oil has a peculiar liquorice like scent. It stimulates the immune system. It is also an anti-depressive and promotes concentration. Should be avoided during pregnancy. It is a skin irritant. It has ability to alleviate nausea, inflammation, motion sickness, indigestion, constipation, respiratory problems, and fight bacterial infections. It is used in Italian recipes like pasta and salad.

Usage – Basil Oil enhance the lustre of dull-looking skin and hair when massaged into the skin. It is used for relief from indigestion, constipation, stomach cramps, and flatulence. It may provide immediate relief from the gas in your stomach and intestines. It provides relief from cold and reduce the symptoms of whooping cough. It is used in aromatherapy because of its calming nature and refreshing effect. It also improves blood circulation. Basil oil helps to eliminate odour causing bacteria.







# 4. BERGAMOT PURE ESSENTIAL OIL

SCIENTIFIC NAME: Citrus Bergamia

Bergamot Essential Oil is a very lemony in fragrance and can be used for anything from lifting the spirit to Pre Menstrual Syndrome (PMS) conditions. It helps to alleviate tension, anxiety and depression. It is also used as a carrier oil.

Usage – Bergamot Oil is used in aromatherapy because of its soothing effect. It has anti-bacterial and anti-inflammatory property. It is effective for acne and used in Cosmetics. It has ability to soften curls. It is used in flavouring food and beverages.

M.R.P. : 10ml - ₹299





# 5. CAMPHOR PURE ESSENTIAL OIL

**SCIENTIFIC NAME:** Cinnamomum Camphora

**COMMON INDIAN NAME: Kapur** 

Camphor Essential Oil extracted from the wood of camphor trees and it has a strong aroma. It can be used to relieve pain, irritation, and itching. It can be used with great effect in vapour therapy to clear the lungs, dispel apathy and calm nervous depression. It has antibacterial, antifungal, and anti-inflammatory properties.

Usage - Lotions and creams containing camphor can be used to relieve skin irritation and itchiness and may help to improve the overall appearance of skin. It also helps to relieve pain and inflammation. It is used to heal burn wounds. Camphor oil ease headaches. It is popularly used in aromatherapy, as it helps relieve respiratory congestion. It is also used to remove head lice. It also removes dandruff and soothe scalp.







#### 6. CHAMOMILE PURE ESSENTIAL OIL

**SCIENTIFIC NAME:** Matricaria Chamomilla

**COMMON INDIAN NAME: Babune** 

Grey Bluish Roman Chamomile Essential Oil has a fresh apple like strength is very soothing for the skin. It is the best to calm the spirit. It is very effective for irritation, impatience and feeling disagreeable. It has great value for helping menstrual and menopausal problems.

Usage - Chamomile oil has a soothing, calming and balancing effect which can be beneficial for irritability, anger, anxiety, stress and tension. It is an excellent choice for inflammation, aches and pains. It boosts nervous system and relieves pain. When mixed with baby oil in equal quantity and massaged, followed by a warm water bath, giving a calming effect on the child alongside inducing sleep. A few drops of this oil can be used to remove acne, scars, redness, inflammation, and blemishes from the skin. It strengthens and repairs the skin making it look moisturized, regenerated, and refreshing. It also helps in removing dark circles. It also reduces dandruff and gives a bright shine and lustre to the hair.

M.R.P.:

10ml - ₹549





# 7. CINNAMON PURE ESSENTIAL OIL

SCIENTIFIC NAME: Cinnamomum

**COMMON INDIAN NAME: Dalchini** 

The strong, particularly spicy, aroma of the Cinnamon Essential Oil boosts brain activity and removes nervous tension and memory loss, hence, ideal for students. It is a great help for diabetics too. Cinnamon oil is used as an ingredient in toiletries, such as toothpaste, mouthwash, soap, and body lotion. It's also used to scent room sprays, candles, and seasonal items like pine cones and garlands.

Usage - Cinnamon Oil's properties make it a popular choice for athome aromatherapy. It has anti-bacterial properties. It is used as a food grade oil which can be found as an ingredient in sugar-free gum, hard candy, tea, and in commercially prepared baked goods. It is also known to help different hair issues like hair fall, hair thinning and dandruff and can likewise invigorate hair growth. Cinnamon acts as a hair cleanser. It is a natural disinfectant that can be used on any surface you are planning to prepare food and also in your fridge.

M.R.P.: 10ml - ₹

10ml - ₹249







#### 8. CITRONELLA OIL PURE ESSENTIAL OIL

Scientific Name: Cymbopogon Nardus

**Common Indian Name:** Malabar Ghas (Ganjini)

The fresh grassy Citronella Essential Oil is the one you are looking for to fill up your room with a fruity, enticing smell. Citronella purifies the air and soothes. It is also used as an insect repellent, especially useful for repelling mosquitoes.

Usage - Citronella Oil has strong antifungal properties and prevents from mosquito bites when applied directly to the skin. It is used to expel worms or other parasites from the intestines. It increases Appetite and Urine Production, also ease headache and Boost Energy.

M.R.P.: 10ml - ₹299 50ml - ₹950 400ml - ₹





# 9. CLOVE PURE ESSENTIAL OIL

**SCIENTIFIC NAME**: Syzygium Aromaticum

**COMMON INDIAN NAME: Laung** 

The strong spicy fragrance of the clove oil is a very powerful stress buster, especially exceptionally effective for headaches and strengthening memory. Clove oil aroma acts like an aphrodisiac. It is most popular in dentistry because of its sedative properties

Usage – It acts as an antimicrobial, to help kill bacteria. It is used as a pain reliever for conditions such as toothache and other pain. It is also used for digestive upset and to relieve respiratory conditions like cough and asthma. It gives temporary relief for toothache. One common usage of the herb is for adding flavour to cough medicines and cold remedies so they are at least tolerable to drink. It is used as the active ingredient to soothe the itching and burning.







10. FLAXSEED (LINSEED) PURE ESSENTIAL OIL

**SCIENTIFIC NAME:** Linum Usitatissimum

**COMMON INDIAN NAME:** Alsee, Javas

Flaxseed oil, also known as Linseed oil or Flax oil, is a colourless to yellowish oil obtained from the dried, ripened seeds of the flax plant. People use flaxseed and flaxseed oil to reduce cholesterol and blood sugar and helps digestive conditions. Some people also take flaxseed to give relief from inflammatory diseases. It is a good source of dietary fibre. Eating flaxseed in muffins or other foods seems to increase bowel movements in young adults and people with diabetes.

Usage - Flaxseed oil contains many active and helpful compounds, including Omega-3 fatty acids, fibre to prevent digestive issues, and minerals including calcium and magnesium. It may reduce inflammation. Daily supplementation of flaxseed oil helps relieve constipation. It is often promoted by cosmetic manufacturers has having "anti-aging" properties. Flaxseed supplements can help suppress appetite, allowing for reduced food intake and weight loss. This oil may help with menopause symptoms.

M.R.P.:

10ml - ₹149





#### 11. FRANKINCENSE PURE ESSENTIAL OIL

SCIENTIFIC NAME: Boswellia Sacra

COMMON INDIAN NAME: Lohban (Loban)

Frankincense Oil has been dubbed as 'The King of Essential Oils'. The versatile essential oil is used for hair care, skincare, and for health purposes. It is used in many religions, prayer, rituals, and ceremonies for power and anointment. It has an exotic woody essence. Frankincense essential oil calms your emotions, deepens breathing and is used during meditation. It is used for incense and fine perfumes.

Usage – It has anti-bacterial, anti-ageing, anti-inflammatory and antiseptic properties. It is a popular ingredient in skin care products like lotion and moisturizer. The oil has been used for centuries for cleaning, disinfectant, aromatherapy, and general health. It is a natural astringent which is good for skin as it helps skin imperfections and conditions like acne and wound. Frankincense has been known for rejuvenating damaged skin as a healing oil It may also help improve oral hygiene and prevent gum disease.



#### 12. GERANIUM PURE ESSENTIAL OIL

**SCIENTIFIC NAME:** Pelargonium Graveolens

The Geranium Essential Oil has a floral scent that soothes. It is the best for balancing hormones and mood swings. Should be avoided during pregnancy. It is beneficial for anxiety, depression, infection, and pain management. It's thought to have antioxidant, and anti-inflammatory properties. It is rich in antibacterial, antimicrobial, and antiseptic properties which help to heal wound and soothe inflamed and irritated skin. This also works as a natural cleanser to effectively eliminate dead cells, replenish and rejuvenate the skin.

Usage - Geranium Essential Oil helps to boost skin's health and natural glow. It helps to reduce wrinkles, sign of ageing. Geranium Oil helps to reduce dryness and dandruff on hair. It is used as a fragrance in all kinds of cosmetic products like soaps, creams, perfumery, air fresheners, skin disorders. It is also insect repellent and is good for headaches, dental abscess, stings and bites. It is also used in flavouring food additives like preparation of jams, jellies, cakes and puddings, drink and beverages, sauce and ice creams. It is commonly used element in aromatherapy with many benefits to improve your physical, mental and emotional health.







#### 13. GINGER PURE ESSENTIAL OIL

**SCIENTIFIC NAME:** Zingiber Officinale

**COMMON INDIAN NAME:** Adrak

Ginger Essential Oil or Ginger Root Oil is derived from the root of the Ginger herb and has earned the nickname 'The Oil of Empowerment' for the feeling of confidence that is known to inspire. The spicy and earthy smell of the ginger essential oil is the most effective for nausea. It is the quickest way to sharpen the senses. Ginger Root has been used in folk medicine for its ability to soothe inflammation, fevers, colds, respiratory discomforts, nausea, menstrual complaints, upset stomachs, arthritis, and rheumatism. It has also traditionally been used as an anti-microbial food preservative that prevents the growth of harmful bacteria, and it has been used as a spice for its flavoring and digestive properties.

Usage - In Ayurvedic medicine, Ginger Oil has traditionally been believed to soothe emotional difficulties such as nervousness, sadness, low self-confidence, and a lack of enthusiasm. It is mostly reputable for its antioxidant and anti-inflammatory properties. With a warm, sweet, woody, and spicy scent that has an energizing effect, especially when used in aromatherapy. It can soothe redness and eliminate bacteria, especially redness and bacteria associated with acne. Its antioxidant properties are known to have a protective effect on the skin, inhibiting the signs of skin damage and aging, such as wrinkles and fine lines. By stimulating and improving circulation, it is known to enhance healthier hair growth.







# 14. GRAPEFRUIT PURE ESSENTIAL OIL

**SCIENTIFIC NAME:** Citrus × Paradisi

**COMMON INDIAN NAME: Chakotara** 

The sharp citrusy scent of the Grape Fruit Essential Oil stimulates your senses. It is a very powerful anti- depressant. Avoid use in the sun. It helps everything from reducing blood pressure and providing stress relief to protect your skin. It has many medicinal benefits. It's been used in topical ointments and skin creams, as well as in aromatherapy, for thousands of years.

Usage - Grapefruit Oil has anti-bacterial and anti-microbial properties which helps to kill or stop micro-organisms. It is effective in healing skin and providing a barrier against bacteria. It may help to reduce anxiety and depression. It also helps to prevent skin conditions like acne. It may also help to weight loss. It also enhances skin radiance and can also be added in shampoo.







# 15. JASMINE PURE ESSENTIAL OIL

**SCIENTIFIC NAME:** Jasminum

**COMMON INDIAN NAME: Chamel**i (Mogra)

Jasmine Essential Oil is an absolute, with a sweet flowery heady scent. It is used to nourish dry skin and great for calming the nerves. When inhaled aroma of Jasmine oil, it feels refreshed. It boosts mood.

Usage – Jasmine Oil is anti-depressant which makes us feel uplifted, calm and positive. It is also used in aromatherapy which gives positive effect on mental health and leaves room smell fantastic and refreshed. It helps to achieve healthy hair and skin. Jasmine oil improves sleep quality and reduce restless sleep. It can also be used as a hair oil to help keep the hair and scalp moisturized.



#### 16. JOJOBA PURE ESSENTIAL OIL

**SCIENTIFIC NAME:** Simmondsia Chinensis

Jojoba Essential Oil is also known as Liquid Wax. It is a carrier oil and excellent for dry skin conditions. It also has antibacterial characteristics. It is directly applied to the skin for acne, sunburn, and chapped skin. It is also used topically to encourage the regrowth of hair in people who are balding.

Usage - Jojoba Oil helps to keep skin hydrated. It has anti-microbial, anti-fungal and anti-oxidant properties. It helps to control sebum production. It may also help to speed-up wound healing. It has anti-inflammatory and healing properties which may help relieve dryness, flaking, itching, and related symptoms. Jojoba oil is a popular ingredient in some natural sunscreen products which may help skin to protect from sun damage. It can also be used as a makeup remover. It promotes hair thickness and growth.

M.R.P.:

10ml - ₹299







# 17. JUNIPER BERRY PURE ESSENTIAL OIL

**SCIENTIFIC NAME:** Juniperus Communis L

Juniper Oil has a distinctive aroma that is woody, sweet, fresh and crisp. Juniper Berry Essential Oil detoxifies and cleanses the skin. It is also an astringent. People use the juniper berry to make medicine. It is used for digestion problems including upset stomach, intestinal gas (flatulence), heartburn, bloating, and loss of appetite. Some people apply juniper directly to the skin for wounds. It is also used as a flavouring ingredient in foods and beverages.

Usage - Juniper berries are rich in essential oils and flavonoids that function as potent antioxidants and may help reduce inflammation. It may promote heart health. They have an astringent, pine-like taste, which makes them a popular ingredient for seasoning recipes and infusing beverages. It has the ability to act as a natural skin toner and reduce the appearance of skin blemishes. To promote a clear and healthy complexion. They are a natural antiseptic. It has ability to fight skin irritations, infection and rash. With the fresh scent and odour killing powers of juniper essential oil, it makes a great deodorant scent.







#### 18. LAVENDER PURE ESSENTIAL OIL

Scientific Name: Lavandula

The clear tinged, fresh and floral fragrance of Lavender Oil is the helps for a number of ailments, the first aid box of the aroma world. It is a base oil that can be mixed and used with many other oils. Lavender is useful for everything from migraines to stress and it balances, calms and heals your body, mind and spirit.

Usage – Lavender oil is used to kill bacteria thus prevent and heal acne breakouts. It acts as an insect repellent, and it can relieve itching after a bite occurs. Lavender oil promotes the soothing of skin tissue. It also helps to promote sleep and fight insomnia. It also helps against depression, eczema, nausea and menstrual cramps. It is also used in aromatherapy. It also calms irritated skin especially soothes bug bites.





# 19. LEMON OIL PURE ESSENTIAL OIL

Scientific Name: Citrus Limon

Common Indian Name: Nimbu

Lemon Essential Oil has a very specific citrusy fragrance. It stimulates the white blood corpuscles in the body and promotes healing. It is a very, very strong astringent and hence should not be applied to the skin directly.

Usage – Lemon Oil reduces anxiety and depression. It helps to relieve pain and heals wound. It helps against acne. It acts and can be used as a facial cleaner, clears your skin, kills harmful viruses and bacteria, and reduces inflammation. It can also be used to make Soap and Bath Bombs.



# 19. LEMONGRASS PURE ESSENTIAL OIL

Scientific Name: Cymbopogon Citratus

**Common Indian Name: Nimbu Ghas** 

Vivid yellow coloured lemongrass has a citrusy lemony smell. This native Asian plant can drive your stress away along with increasing your concentration and focus. It is a skin irritant but can be used for massage once diluted.

Usage - It has Anti-Bacterial, Anti-Fungal, Anti-Inflammatory and Anti-Oxidant Properties. It may help prevent gastric ulcers or relieve nausea, stress, anxiety, headache and migraine. It reduces cholesterol and ease diarrhoea. It also may help regulate blood sugar and lipids. It can also be used as an Insect Repellent.

M.R.P.: 10ml - ₹299 50ml - ₹900 400ml - ₹2799





#### 21. MANDARIN PURE ESSENTIAL OIL

SCIENTIFIC NAME: Citrus Reticulata

Mandarin Essential Oil has a very sweet, citrusy smell. It is the sweetest and most relaxing citrus essential. It is great for oily and sensitive skin types and can also be safely used on babies over 6 months old. It is well-known for bactericidal, antioxidant and anti-cancer properties. It combines well into perfumes and sunny aromatherapy recipes. Nagpur orange is a variety of Mandarin Orange (Citrus Reticulata) grown in Nagpur, Maharashtra, India.

Usage – Mandarin Oil is used as a flavouring agent in the food and beverage, cosmetics, soap, oil, and perfume industries. It may protect wounds from becoming septic as well as from other bacterial, fungal, or viral infections. It may form a protective covering on the wound. It may also improve the circulation of blood and lymph, which may keep the skin rejuvenated and looking young and vibrant. It also increases appetite. Mandarin oil may help tone up overall health and boosts the function of the immune system. It cleanses oily hair, or restores dull hair to bring it back to life.



#### 22. NEROLI PURE ESSENTIAL OIL

Scientific Name: Citrus Aurantium

Common Name: Bitter Orange Blossom (Tree) Oil

Neroli Oil is an essential oil, extracted from the flowers of bitter orange trees (Citrus aurantium var. amara). It's also known as Orange Blossom Oil. The oil is extracted from the flowers by steam distillation. It emits a rich, floral scent, with citrusy overtones.

Usage – It is used as a base note in perfumes and scented products. Because of its soothing effect on mood, Neroli Oil is often used as an ingredient in body lotions and cosmetics. It can also be used in aromatherapy. This may make it helpful for reducing acne breakouts and skin irritation. It is beneficial for relieving for symptoms associated with menopause, such as high blood pressure, low libido, and elevated stress and anxiety. It relieves menstrual cramps and lowers inflammation.



# 23. NUTMEG PURE ESSENTIAL OIL

**SCIENTIFIC NAME:** Myristica Fragrans

**COMMON INDIAN NAME: Jaifal** 

Nutmeg Essential Oil has a warm and sweetly spicy scent. It is great for dull skin. It is also an antiseptic and analgesic. Popularly used in men's fragrances. It is packed with both, stimulant and sedative properties, besides an uplifting aroma. In addition, this natural residue also alleviates depression, anxiety, insomnia and promotes deep sleep.

Usage – Nutmeg Oil improves Blood Circulation. It acts as a stress reliever and reduces pain. It eases Menstrual Cramps. It also improves and induces sleep. It aids in the problem of indigestion. It may improve memory and cognition. It removes bad breath and mouth infections. It also possesses the capability to deal with stress, anxiety, and depression. If you suffer from hormonal imbalance or fatigue during menstruation, Nutmeg's analgesic properties can ease cramps, control hormonal imbalance, control mood swings and relieve pain. It can also help to get rid of mouth bacteria and odour, because of its antibacterial properties. Also, its antiseptic nature is effective for toothache and aching gums.

M.R.P.:

10ml - ₹149



# 24. ORANGE PURE ESSENTIAL OIL

Scientific Name: Citrus X Sinensis

Common Indian Name: Santri (Narangi)

Citrusy sweet Orange is the oil you want during colds. It is an aphrodisiac and also very uplifting and refreshing. Avoid use in the sun.

Usage – Lifts mood or reduce stress. Orange oil can soothe skin conditions such as acne and enhances sin radiance and smoothness. It reduces pain or inflammation. It also helps to relieve stomach upset and congestion of nose. It can also be used as a natural household cleaner. It adds a pleasant scent to a room or to products like perfumes and cleaners. It also gives flavour to a variety of foods and beverages. It is highly used in aromatherapy and massage oils.



# 25. PALMAROSA PURE ESSENTIAL OIL

**SCIENTIFIC NAME:** Cymbopogon Martinii

**COMMON INDIAN NAME: Palm Rose** 

Palmarosa Oil is best known by the common name Palm Rose as has a sweet floral aroma with a subtle rose nuance. It regulates the sebum, stimulates cell regeneration and is a good moisturizer. It is also a good antiseptic.

Usage – Palmarosa Oil has anti-microbial, anti-bacterial and anti-fungal properties. It is thought to promote healthy hair, eliminating dead skin cells when applied to the scalp and strengthening hair follicles from the root. It was found to provide 100 percent protection against mosquitoes for 12 hours as it is a natural insect repellent. Palmarosa is a popular oil in aromatherapy because of it boost mood. This scent can be used to calm the spirit, increase focus, balance negative emotions such as jealousy, increase a sense of security. Palmarosa when used in aromatherapy, can help against depression, anxiety, stress, nervousness, grief.





#### 26. PATCHOULI PURE ESSENTIAL OIL

SCIENTIFIC NAME: Pogostemon Cablin

**COMMON INDIAN NAME: Sugand**hara

Patchouli Essential Oil has a heady musk scent which is great for grounding and centering the mind especially before meditation. It can also act as an aphrodisiac.

Usage – Patchouli Oil helps in helping skin conditions such as acne, or dry, cracked skin. It helps easing symptoms of conditions like colds, headaches, and stomach upset. It helps relieve depression. It providing feelings of relaxation and helping to ease stress or anxiety. It also helps with oily hair or dandruff. It helps to control appetite. Patchouli oil is used as an insecticide. It is also used as an additive in low concentrations to flavour foods like candies, baked goods, and beverages. It has anti-bacterial, anti-fungal and anti-inflammatory properties.



# 27. PEPPERMINT PURE ESSENTIAL OIL

SCIENTIFIC NAME: Mentha × Piperita

**COMMON INDIAN NAME: Pudeena** 

The potent cool minty powerful fragrance of the Peppermint Essential Oil, tingles your sinuses and erases your headache, migraine or vertigo. It also revitalizes. It is promoted for topical use (applied to the skin) for problems like itching. In aromatherapy, peppermint oil is promoted for relief of coughs and colds, reducing pain, improving mental function, and reducing stress.

Usage - Peppermint oil is often used in cosmetic products. It also has mild antimicrobial properties. The calming and soothing effect created by inhaling the Peppermint oil helps in relaxing the stomach and facilitating the overall process of digestion. This oil is known to provide relief from itching caused by bug-bites, ivy, hives. The oil also has antiseptic and anti-inflammatory properties that reduce dandruff related symptoms such as itchiness and scalp/hair dryness. It facilitates hair growth by increasing the blood flow and allows blood circulation to the scalp.

M.R.P.:

10ml - ₹249



#### 28. PINE PURE ESSENTIAL OIL

**SCIENTIFIC NAME:** Pinus

**COMMON INDIAN NAME:** Devadaar (Deodara)

Pine Essential Oil has a fresh woody strong aroma. It is a very good deodorant. Due to its fresh scent, it is also used for household cleaning and personal care products. It can work as a room scent in a diffuser as well as in cleaning solutions.

Usage - Pine oil extracts are often used in air fresheners for homes, offices, and vehicles. It may be used in aromatherapy to create an uplifting and invigorating atmosphere. This oil could be used for minor skin infections and burns. It ease symptoms of inflammatory skin conditions, such as acne. It positively impacts the mood by clearing the mind of stresses, energizing the body to help eliminate fatigue, enhancing concentration, and promoting a positive outlook. When applied to the hair, Pine Essential Oil is reputed to cleanse, enhance the hair's natural smoothness and shine, contribute moisture, and protect against dandruff as well as lice.





# 29. ROSE PURE ESSENTIAL OIL

**SCIENTIFIC NAME:** Rosa

**COMMON INDIAN NAME: Gulaab** 

It is an absolute. It has a sweet floral scent and is used as an antidepressant, for regulating the menstrual cycle and as a skin tonic.

Usage - aromatherapy using rose oil could be an effective way to ease pain in patients who've had surgery. It helps to relieve menstrual discomfort. Rose oil has a relaxing effect on many people which helps to decrease anxiety and stress. It has anti-bacterial and anti-fungal properties. It also helps to improve the symptoms of depression. Rose oil, when used along with another carrier oil, is known to add lustre to hair. It also works effectively towards promoting hair growth and makes the scalp healthier.







# 30. ROSEMARY PURE ESSENTIAL OIL

**SCIENTIFIC NAME:** Salvia Rosmarinus

**COMMON INDIAN NAME:** Gulmehendi

Rosemary Essential Oil from the mint family is the best oil to stimulate concentration, write off exhaustion and depression, mental fatigue and forgetfulness. It is an evergreen shrub with needle-like leaves and a woody aroma. It is one of the most popular aromatic and medicinal plants worldwide

Usage – Rosemary oil helps to stimulate hair growth. It may improve brain function by strengthening memory. It may combat certain types of hair loss, including male pattern baldness and patchy hair loss. It is also known as pain reliever. It even helps repel certain blood-sucking insects that can spread harmful viruses and bacteria. Rosemary oil eases stress. It also helps for blood circulation. It may boost attention, alertness, energy and mood.





# 31. SAGE PURE ESSENTIAL OIL

SCIENTIFIC NAME: Salvia Officinalis L.

**COMMON INDIAN NAME: Rishi** 

Sage Essential Oil has a very herbaceous scent. It is very, very good for acne prone skin, a good tonic for hair and scalp and also eases fluid retention. Should be avoided during pregnancy, or if you have high blood pressure or epilepsy.

Usage – Sage Oil is known to stimulate and clarify the mind while exhibiting a balancing, uplifting, soothing, and strengthening effect on the senses to ease negative moods. It is reputed to eliminate toxins, provide relief to minor skin abrasions, diminish the appearance of blemishes, and address stretch marks, sores, and swelling. Its moisturizing and conditioning properties help soothe dryness and irritation.







# 32. SANDALWOOD PURE ESSENTIAL OIL

**SCIENTIFIC NAME**: Santalum Album

**COMMON INDIAN NAME: Chandan** 

Sandalwood Essential Oil has one of the headiest and exotic fragrances. Emotionally it soothes irritation and is wonderfully balancing. It is used for spiritually purifying during rituals. It is found in many perfumes and air fresheners. Sandalwood may offer some health benefits as well.

Usage - In aromatherapy, aromatic oils are used to promote mental and physical health outcomes. It may help decrease inflammation. It helps to reduce anxiety. It helps to promote skin cell growth. Applying sandalwood oil externally can give relief from acne, sores, boils, and pimples progressing into an infection or becoming septic. It is effective in soothing cramps, colds and aches. It helps in lowering blood pressure. It is known to promote calmness. It portrays strong anti-bacterial, anti-viral and antifungal properties that are not only used for removing bacteria and germs from the body but also effectively soothes wounds and improves healing mechanisms.



# 33. SPEARMINT PURE ESSENTIAL OIL

SCIENTIFIC NAME: Mentha Spicata

COMMON INDIAN NAME: Pahadi Pudeena

The sweet mint scent of the Spearmint Essential Oil stimulates the mind and relaxes the stomach. It cleanses and invigorates the skin. It has been used traditionally for its digestive benefits. It is multi-purpose and it continues to be used to soothe ailments such as skin problems, headaches, nausea, vomiting, respiratory issues, and cold symptoms.

Usage – Spearmint oil is used to help relieve symptoms of indigestion, nausea, vomiting and gas. For women with hormone imbalances, Spearmint oil may provide relief. It may help improve memory. It also has antibacterial and antimicrobial properties, which may help kill the bacteria in your mouth that cause bad breath. It may help lower blood sugar in people with diabetes. It may help promote relaxation, reduce stress.

M.R.P. : 10ml - ₹249







# 34. TEA TREE PURE ESSENTIAL OIL

Scientific Name: Melaleuca alternifolia

Common Indian Name: Chai Ka Ped

This balsamic stimulant also called as the all cure oil is a health booster. Tea Tree essential oil boosts your immune system and is very effective for migraine and sinusitis.

Usage - Can be used as a Natural Hand Sanitizer, Insect Repellent, Natural Deodorant, Antiseptic for Minor Cuts and Scraps, Boost Wound Healing, Fights Acne, Get Rid of Nail Fungus, Chemical-Free Mouthwash, All Purpose Cleaner, Soothe Skin Inflammation, Control Dandruff, Soothe Athlete's Foot.





# 35. VANILLA PURE ESSENTIAL OIL

SCIENTIFIC NAME: Vanilla Planifolia

It has a very specific smell. Vanilla Essential Oil greatly relaxes the mind and should be avoided when there is a need to concentrate. Apart from its commercial and baking specialty, it is a favourite amongst the masses for its health benefits too. The health benefits of vanilla essential oil might include its properties of an antioxidant, aphrodisiac, febrifuge, antidepressant, sedative, tranquilizer, and relaxing substance.

Usage - The antioxidant properties of vanilla oil protect the body from wear and tear by neutralizing free radicals. It boosts libido. It fights infection. It works as an antidepressant. Vanilla oil is a sedative, so it reduces stress on the body such as inflammation, making it an anti-inflammatory food. It naturally lower blood pressure by relaxing the body and mind. It also helps to boost mood. It also promotes feelings of calm.







36. WINTERGREEN PURE ESSENTIAL OIL

**SCIENTIFIC NAME:** Gaultheria Procumbens

**COMMON INDIAN NAME:** Hemant Hari

Wintergreen Essential Oil is fresh cleansing and minty. It is refreshing and invigorating. It is popularly used in pain relief medication. Should not be ingested as it is highly toxic. Avoid during pregnancy. Some people use small doses of wintergreen oil to increase stomach juices and improve digestion.

Usage - Wintergreen oil may also be found in insecticides and repellents. It is used as a flavouring agent for products such as candies, toothpastes, and mouthwashes. It can also be used as a scent additive. It works as a natural headache remedy, for chronic nerve pain, PMS symptoms and arthritis. Wintergreen leaves contain an aspirin-like chemical that can help reduce pain, congestion, swelling and fever associated with common illnesses. It can be applied in combination with coconut oil, and it works just like a vapour-rub. It helps combat bacterial growth, viruses and fungi. It can be applied to the dishwasher, showers, toilets and sinks. This prevents growth of dangerous microbes.

M.R.P.:

10ml - ₹199







# 37. YLANG YLANG PURE ESSENTIAL OIL

SCIENTIFIC NAME: Cananga Odorata

The delicate and yet the fragrant Ylang Ylang Essential Oil slows the breathing and calms anxiety and is good for frigidity. It is sensual and euphoric. People apply Ylang Ylang oil to the skin to promote relaxation, kill bacteria, lower blood pressure. It is also part of a combination spray used to kill head lice. The smell of this oil in aromatherapy is used for memory and thinking skills.

Usage – Ylang Ylang Oil helps to boost mood, reduce depression, alleviates anxiety, helps to lower blood pressure, stimulate oil production in the skin and on the scalp, repel flying insects and kill bug larvae. It has antifungal properties that work against any attack of fungal infection on the skin. Its use could balance the sebum production of the skin and in turn control acnebreakouts. It even possesses anti-inflammatory properties which could reduce the redness as well as swelling caused by acne. Because of its antimicrobial and antibacterial properties, it could aid in eradicating any scalp related infections. Due to the presence of insecticide properties, the Ylang-Ylang oil is included in many recipes claiming to battle head lice.

M.R.P.:

10ml - ₹249



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